



Back to Life Wellness Center

208 FAIRMOUNT AVENUE, PHILADELPHIA, PA 19123

215-928-8898

Dr. Terrie Lewine

Network Spinal Analysis™ ⊗ SomatoRespiratory Integration™

SRI SESSIONS IN THE OFFICE WITH MATT ANELLO!

NEXT DATE IN OFFICE: THURSDAY, SEPTEMBER 21, 2006

PLEASE SCHEDULE YOUR APPOINTMENT

SomatoRespiratory Integration (SRI) is the work developed by Dr. Donald Epstein and written about in the book *Twelve Stages of Healing*. SRI is a means of gaining the wisdom and secrets withheld from your bodymind through the use of your own hands, breath and spontaneously occurring movements. It is an unparalleled tool for personal healing and empowerment. With this work, you'll learn to fully direct your attention and awareness to your body, without distraction. Tuning into your body's naturally occurring rhythms will help you to know your own vibrational story. Although a "stand alone" method, these exercises will also aid your progression through the Levels of Care of Network Spinal Analysis, and may be performed during and between office visits. Discover the healing power available to you through touch, movement and gentle breath. Learn to be present with yourself and with others in the healing process by using this 'road map' of the journey.

Matthew Anello offers the gift of wellness education wherever he is. In Network care for almost 5 years, he facilitates SRI in the Network wellness office of Dr. Shannon O'Kelly in Soho, Manhattan, NY.

www.getbacktolife.org